



# October Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Pancakes Fruit Juice	2 Cheese Omelet Whole Grain Toast Fruit Juice	3 Oatmeal with Blueberries Whole Grain Toast Juice
6 Cereal Whole Grain Toast Fruit Juice	7 Whole Grain French Toast Fruit Juice	8 Breakfast Sandwich Fruit Juice	9 Waffles Fruit Juice	10 Sausage Whole Grain Toast Fruit Juice
13 Cereal Whole Grain Toast Fruit Juice	14 Yogurt Muffins Fruit Juice	15 Breakfast Taco Fruit Juice	16 Egg Patty Whole Grain Toast Fruit Juice	17 Whole Grain Cinnamon Roll Fruit Juice
20 Cereal Whole Grain Toast Fruit Juice	21 Breakfast Pizza Fruit Juice	22 Pancakes Fruit Juice	23 Cheese Omelet Whole Grain Toast Fruit Juice	24 Oatmeal with Blueberries Whole Grain Toast Juice
27 Cereal Whole Grain Toast Fruit Juice	28 Whole Grain French Toast Fruit Juice	29 Breakfast Sandwich Fruit Juice	30 Waffles Fruit Juice	31 <b>NO SCHOOL</b>

**A word about our menus: Lowfat milk is offered with each meal. Meals are offered to all participants without discrimination based on race, color, national origin, sex, age or disability, creed, sexual orientation, gender identity or religion. The same meals are offered to all participants in accordance with program regulations. Menu is subject to change.**

**For questions, comments or suggestions please contact: Kelly Peavey, Food Service Director via email: [colkitchen@collins-maxwell.k12.ia.us](mailto:colkitchen@collins-maxwell.k12.ia.us) or call 641-385-2446 ext. 2107**