

October Breakfast Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 3 Cereal WG Toast Fruit Juice Milk | 4 Yogurt Muffins Fruit Juice Milk | 5 Breakfast Taco Fruit Juice Milk | 6 Egg Patty WG Toast Fruit Juice | WG Cinnamon Roll Fruit Juice Milk |
| 10 Cereal WG Toast Fruit Juice Milk | 11 Breakfast Pizza Fruit Juice Milk | 12 Pancakes Fruit Juice Milk | 13 Cheese Omelet WG Toast Fruit Juice Milk | 14 Oatmeal Blue Berries WG Toast Juice Milk |
| 16 Cereal WG Toast Fruit Juice Milk | 17 French Toast Fruit Juice Milk | 18 Breakfast Sand. Fruit Juice Milk | 19 Waffles Fruit Juice Milk | 20 Sausage WG Toast Juice Milk |
| 23 Cereal WG Toast Fruit Juice Milk | 24 Yogurt Muffins Fruit Juice Milk | 25 Breakfast Taco Fruit Juice Milk | 26 Egg Patty WG Toast Fruit Juice | 27 WG Cinnamon Roll Fruit Juice Milk |
| 30 Cereal WG Toast Fruit Juice Milk | 31 Breakfast Pizza Fruit Juice Milk | | | |



NEW SALAD BAR EQUIPMENT

The elementary has a new system this year where the kids put hot and cold foods on their trays. The hope is by giving children choices, they will eat and cut down on waste. Milk on the other hand is an ongoing struggle. We are throwing 10-12 gallons of milk away a week from the ages of K-5. Hopefully, talking about wasting food at home and school will help.

Thank you!
Kelly Jo Peavey
Food Service Director